

Getting equipped



Things to have ready before baby arrives

Large items

- cot
- changing table with changing mat
- chest of drawers
- bathtub

For baby's outings:

- car seat
- pushchair
- baby carrier

Baby's wardrobe

- cotton bodysuits
- vest
- sleepsuits
- baby sleeping bag or all in one
- dress or dungarees
- small cardigan
- booties
- socks
- hat
- baby nest for outings

Baby hygiene

- saline solution
- sterile compresses
- baby cotton buds
- special cotton wool for babies
- special baby nail scissors
(not to be used before 1 month old)
- soft baby hair brush
- cleansing cream, liniment or
wipes for changing
- soothing cream
- packet of new-born or first-stage
nappies
- changing bag for travelling
- gentle 2-in-1 hair and body soap,
or soap-free equivalent
- hooded bath towel
- bath thermometer
- towels
- moisturising cream suitable for babies

Baby meals

- bibs

If breastfeeding is not possible:

- baby bottles
- spare teats
- bottle brushes (1 small and 1 large)
- sterilisation equipment
- bottle heater
- small spoons
- small plate
- trainer beaker with spout

Good to know : to take care of the umbilical cord, the maternity unit or doctor will prescribe a suitable antiseptic

Laboratoire

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LAIT**