



Things to have ready before baby arrives



LARGE ITEMS

- cot
- changing table with changing mat
- chest of drawers
- bathtub

For baby's outings:

- car seat
- pushchair
- baby carrier



BABY'S WARDROBE

- cotton bodysuits
- vest
- sleepsuits
- baby sleeping bag or all in one
- dress or dungarees
- small cardigan
- booties
- socks
- hat
- baby nest for outings



BABY HYGIENE

- saline solution
- sterile compresses
- baby cotton buds
- special cotton wool for babies
- special baby nail scissors
(not to be used before 1 month old)
- soft baby hair brush
- cleansing cream, liniment or
wipes for changing
- soothing cream
- packet of new-born or first-stage
nappies
- changing bag for travelling
- gentle 2-in-1 hair and body soap,
or soap-free equivalent
- hooded bath towel
- bath thermometer
- towels
- moisturising cream suitable for babies
- to take care of the umbilical cord,
the maternity unit or doctor will
prescribe a suitable antiseptic



BABY MEALS

- bibs
- If breastfeeding is not possible:**
- baby bottles
 - spare teats
 - bottle brushes (1 small and 1 large)
 - sterilisation equipment
 - bottle heater
 - small spoons
 - small plate
 - trainer beaker with spout